

The United Life Messenger

Enlightenment for Successful Living in the 21st Century

Volume 18, Number 9

September 2014

United Life Spiritual Center

A Church of Religious Science

Joyfully Expressing Spirit

Celebration Service

10:30 am each Sunday

07 Sep: Is There Life After Birth?

A study of what stands between cause & effect; how & when to change it.

14 Sep: Who's Your Daddy Now?

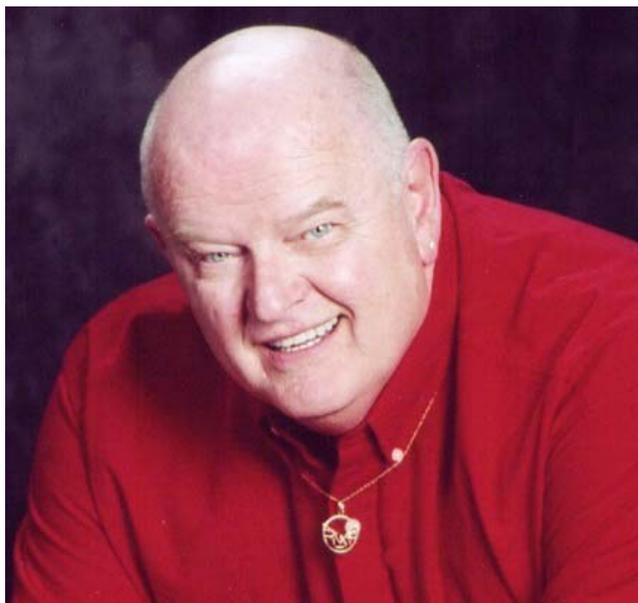
How to put all this God-stuff to good use.

21 Sep: Round & Round We Go!

*Repeat the cause, get the same result.
[Let's] get on another horse on the merry-go-round & see if we can grab the brass ring from there...!*

**28 Sep: Chocolate or Vanilla—
Choose One!**

Oh, the excuses we have for what we have & don't have; discover ...what can be.



Rev Bill Ward: Welcome! We're glad you're here!

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*Foundations of SOM begins Wednesday, September 10th.
Please join us!*

TODAY I GIVE THANKS FOR THE WISDOM THAT IS REVEALING THROUGH MY LIFE.

The United Life Messenger

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Spiritual Center

**Now available
via email.**
**Just let us know you'd like
to be added to the email
list!**

Join our Google Group!

**For more info:
email Nina W-VZ:
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For Further Inquiry...

A portion of our teaching comes from the work of Thomas Troward. It was he who gave us the list of attributes for God. He wrote that God is life, love, light, power, peace, beauty, and joy. Another phrase of his was quoted by Ernest Holmes and it reads, "Belief in limitation is the one and only thing that causes limitation, because we thus impress limitation upon the creative principle; and in proportion as we lay that belief aside our boundaries will expand, and increasing life and more abundant blessing will be ours." It was Ralph Waldo Emerson who wrote, "The only sin is limitation." Given these great minds, and the fact that their words have become such a part of our own teaching, is it any wonder that we begin this month with a great sense of expectation of even greater things yet to come? We are dealing with a God of endless possibilities someone about whom Heraclitus stated, "The bounds of the soul thou shalt not find, though you travel every way." Limitless God, limitless possibilities, and we are poised to begin this most exciting phase of our lives together. This is the month of expectancy. We expect good, great and wonderful things to happen with, for, and to us. We not only look for the good and praise it, we expect all good to come our way. This is the beginning of the season when we build up slowly to that great and wonderful season called Christmas. Perhaps it's a little early to speak of Christmas, but maybe not. For if we ourselves are learning to live in the joyous expectancy of great and good and wonderful things right here and right now, then perhaps we will begin to approach all of life from a sense of wonderment; a sense of thrill; a sense of enjoyment; instead of wondering whether or not whatever it is we are about is really going to work. We are embarking on a journey together as we build a very real set of projects in setting up classes, creating dynamic Sunday services, preparing the way for many more people to begin learning and living the principles we espouse in the wonderful philosophy of Dr. Ernest S. Holmes and his Science of Mind® textbook. We are ready to explore the possibility of all sorts of exciting things. So we let It be in gratitude and delight, and so It is!! Amen!!!

Rev. Bill

The United Life Messenger

Leadership Council Communiqué

Dear Friends,

Wow, what a rollercoaster this last year has been! Thanks for your input and dedication while we navigated through it all.

Thanks also for your contributions so that we are amply funded to hire our new healing minister, Rev Bill Ward. He will begin at the pulpit on Sunday, September 7th. When you turn in your additional contributions, please remember to write us a line saying that it's toward the minister's salary.

We have some special upcoming activities that may interest you such as Laughter Yoga on Fridays in September at 6pm. At this point we don't know if it will continue at ULSC after that so take advantage now! The ULSC Rummage Sale is a fundraiser to spruce up the sanctuary and is currently scheduled for Fri-Sun, Sep 12-14th. We need more sellable items, though, for it to be a success, so please bring your stuff in asap! Last but not least is the Foundations of SOM class that will be taught by practitioners Dorothy Danen and Barbara Hartman on Wednesdays at 6:30 p.m., beginning on September 10th.

I want to send a special "THANK YOU" to

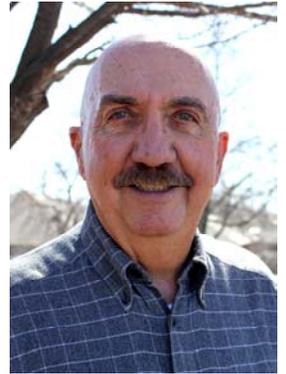
the volunteers that have been helping with the lawn work. Our lawn continues to look great because of their efforts and willingness to help—even in the heat! If you feel called to help in this way please let me know; we need all the help we can get. Along that line, we have many areas that could use your help to include Ushers & Greeters, Hospitality, Bookstore and someone to run the Sunday Service Slides, just to name a few. These areas usually only require you to commit to helping one Sunday each month but you can do more if you'd care to. If you'd like to volunteer or find out more information on these or any other volunteer opportunities, please see any Leadership Council member or contact the ULSC office.

On a final note, have you noticed that some stores already have Christmas items on display? The holidays are just around the corner and I'm looking forward to a dynamic and happy holiday season, celebrating life with all of you. Thank you for being in my life.

In Love & Appreciation,

~Ray Reid

Leadership Council President



Ray Reid
Leadership Council
President

TONING CIRCLE

The singing bowl Toning and Meditation Circle continues to meet the **first Sunday** of each month at **6:30 pm** at United Life.

Creative Spirits

We meet each 2nd & 4th Saturday @ Christine Baldwin's house. Please call her at: 943.0426 for directions. Come and go from **9 am to 12 noon**. Bring your own creative activity and socialize with like-minded people. Everyone is welcome!





Dr SuZ Ogden
Music Director

From The Desk of Dr. SuZ

“There is a scientific way of thinking about everything, a tried and a right way that prevents the needless waste of mental energy and produces the desired results on all occasions. All results, however, will vary in quality and in quantity in accordance with the degree of knowledge possessed and in the measure of the mind’s activity.” Raymond Holliwell

Dear Friends,

Here we are entering into the harvest time of the year and already leaves are changing color and days are shorter. I find time passing by at a remarkable pace. This has made me so much more aware of how I spend my time and effort lately. I find it absolutely essential to increase spiritual practice, to take the time for what August Gold calls the 5,5,5, plan. This plan includes five minutes for inspirational reading, five minutes for journaling thoughts, and five minutes for just being still.

I am now reading, Working with the Law, by Raymond Holliwell. Today he spoke of how an electrician knows that there is a power that can be tapped into to produce light, heat, etc. The electrician’s only job is to know the laws that it takes to bring it into manifestation and when he cooperates with those laws they work. He can work with that law to bring electrical energy into being a principal so easy to use as flipping a light switch. This same principal applies to the law of science of mind. We know it is there and it is our job to learn how to use the law to manifest what we desire in life.

This past week on Thursday I made a big declaration that I would wait and only do a job on Friday, if it came for me, to go to Wichita. I have been wanting to go get a part for my car that is only available in Wichita. I thought it would be smart to wait and get paid to make the trip. Friday morning I forgot to turn my

phone off and work started calling early. They were only trying to get done what they needed done. What happened to me though, is I allowed myself to be drawn in to doing what I said I was not going to do. I did not cooperate with a law I had set for myself. Let me tell you that it ended up being a day from hell—even getting a call at two o’clock in the afternoon to go to Wichita. Could I go? No. I was down at Altus Air Force Base trying to deliver a package with no contact info and all the lines on base were down. There I sat.

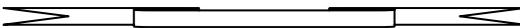
Why am I sharing this story with you? My new realization is we must not only cooperate with the law but know that when we put it to use, it is imperative that we follow through in faith. I know the law works, I know how to use it and sometimes I second guess it. I get up and toggle the light switch on and off, on and off, and on and off rather than just sitting in that quiet place, knowing it works. My mind overworking its activity. I know this is why we call it spiritual practice. My life’s work is to not get bogged down in what has happened but to just keep on practicing and to know I am creating a better understanding of it with every passing moment. I keep a fork in my hand reminding me that the best is yet to come.

There is a new Foundations Class beginning September 10th. Hope some of you come and join me as I also return to review the basics of our teaching. It has always been an uplifting experience.

Bless each of you. Keep a song in your heart and a smile on your face.

In Love, Grace & Gratitude,

Rev. Dr. SuZ



And so It is!!

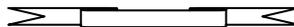
It's time to celebrate! Thank you! Thank you!! Thank you!!! From the very center of my being, I want to thank God for each and every one of you, the members, friends, staff, boards, councils, and Practitioners of our United Life Spiritual Center. We have been given a perfect opportunity to create our new life together. It is a thrill and a joy to wake up each day knowing that just over the next few days, the next few months, and the next few thoughts, we are creatively demonstrating the truth we all believe as we work together to make a difference in our Center, our City, and our personal lives. This month we begin our new joint journey of faith to discover bigger, greater, grander opportunities to manifest the desires of our hearts. We expect our dreams to become reality, and the magnificence of every one we encounter manifested in miraculous healing ways.

So I give thanks for all the good we have received. I rejoice in the creation all the good that is yet to come. I am especially grateful for your tremendous support in choosing me to be your Spiritual Leader. You have shown once again what this teaching can produce when we are all on the same page. We are that . . . We are That I Am, as well. It is, after all is said and done, the perfect working of a perfect God in creating whole, perfect and complete "selfies". We remain in "one accord" as the full presence and power of God in each one of us goes before us making our way bright, clear, and perfectly smooth in all things. And so It is!! Amen!!!

Rev. Bill



Rev Bill Ward



Bookstore at ULSC

We have many great titles, plus incense, incense holders and oils.

Stop by for inspiration!

ULSC Healing Room

The Healing Room is available for healers of every kind, on a love offering basis.

To reserve the room, call the office (946-6753)



Discussion Group Sundays, 9am

Open to everyone
No attendance requirement

PLEASE JOIN US!

The United Life Messenger

WE ARE OPEN

SUNDAY

Discussion Group: 9:00 - 10:00 am
 Meditation Service: 10:00 - 10:20 am
 Celebration Service: 10:30 - 11:30 am

MONDAY

Toastmasters: 7:00 - 8:00 pm

TUESDAY

Substance Abuse Group (\$15): 6:30 - 7:00 pm

WEDNESDAY

White Bison Society: 6:00 - 8:00 pm
 OKC Reiki Energy Circle: 1st Wed, 2 pm
 3rd Wed, 7 pm

THURSDAY

Sierra Club: 3rd Thu, 7 pm

SATURDAY

Most Sats.—Community Garden 9:00 am
 Creative Spirits (come-n-go): 2nd & 4th, 9 am
 OKC Reiki Energy Circle: 2nd Sat, 11 am
 (OR 3rd & 5th)

Advertise with us Today!

→
*Good advertising attracts
 New Business &
 Customers*

Ads must be submitted in
 MicrosoftWord
 97–2003/2010 format
 with camera ready art.
 All images and artwork are
 only \$15 each.

Data and artwork MUST
 be submitted on
 CD/DVD/USB Key or
 via email

Pastoral Care

If you know of someone in
 need of care or prayer,
 please contact the church office

**UnitedLifeChurchOKC
 @hotmail.com**

The United Life Messenger

Quarter Page
 Ad

\$ 75

Business Card
 Size Ad
 \$ 25

Place Your Ad
 HERE
 \$ 25

PLACE YOUR BUSINESS
 NAME & AD HERE

HALF PAGE AD

\$150

COMPARE OUR PRICES

I REMOVE ALL THOUGHTS OF OBSTRUCTIONS AND LIMITATION; NOW I AM FREE TO LIVE LIFE FULLY.

Reach Out to Your Practitioners!

Practitioners are available
 for Spiritual Mind
 Treatment by
 appointment and after
 our Sunday services.

GENERAL INFORMATION

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September 2014

United Life Spiritual Center

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www.UnitedLife.org • UnitedLifeChurchOKC@hotmail.com

The

United Life Messenger

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 11:30 BIRTHDAY CAKE! 11:45 Ed Team 6:30 Toning & Meditation	8 7:00 pm Toastmasters	9 6:30 pm Substance Abuse Group	10 5:00 pm Monthly Practitioner Meeting 6:00 White Bison Society for Wellbriety 6:30 Foundations Class	11 1:30 Stewardship Team	12 8:30a Rummage Sale 6:00 Laughter Yoga	13 8:30 Rummage Sale Creative Spirits (come-n-go) 9am—12Noon 11am OKC Reiki Energy Circle
14 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 11:30 RUMMAGE SALE 12:30 LC Meeting	15 7:00 pm Toastmasters	16 6:30 pm Substance Abuse Group	17 6:00 pm White Bison 6:30 Foundations Class 7:00 OKC Reiki	18 7:00 pm Sierra Club	19 6:00 Laughter Yoga	20
21 NEW MEMBER SUN 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 11:30 POTLUCK	22 7:00 pm Toastmasters	23 6:30 pm Substance Abuse Group	24 6:00 pm White Bison Society for Wellbriety 6:30 Foundations Class	25 6:30 pm OKC Reiki	26 6:00 Laughter Yoga	27 Creative Spirits (come-n-go) 9am — 12Noon
28 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service	29 7:00 pm Toastmasters	30 6:30 pm Substance Abuse Group	Foundations class will be taught by practitioners, Dorothy & Barbara beginning Sep 10th.	Rummage Sale 2nd weekend in Sep. Grateful for donations of sellable items.	WLSC Community Garden "Garden Party" most Saturdays CALL RIC: 395.7191	

The United Life Messenger

Enlightenment for Successful Living in the 21st Century

OUR VISION

We are a loving spiritual community,
joyfully expressing Spirit.

OUR PROSPERITY AFFIRMATION

We express the overflowing prosperous
nature of God,
both in our Spiritual Community,
and in our own personal lives.

MISSION STATEMENT

By practicing the Science of
Mind Principles, we honor the
presence of God in all,

Nurture and support spiritual
growth and transformation,

Empower people to create
happy, healthy, abundant lives.

United Life Church of Religious Science

A CENTER FOR SPIRITUAL LIVING

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Oklahoma City OK 73112

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www.UnitedLife.org

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