

# The United Life Messenger

*Enlightenment for Successful Living in the 21st Century*

Volume 19, Number 1

January 2015



United Life Spiritual Center

A Member of Centers for Spiritual Living®  
*Joyfully Expressing Spirit*

## *Celebration Service*

*10:30 am each Sunday*

- JAN 4**    **First Things First**  
            The Thing Itself
- JAN 11**   **Unlimited Possibilities**  
            What It Does
- JAN 18**   **Thank a Thinker**  
            How It Works
- JAN 25**   **Keys to the Kingdom**  
            How To Use It



*All the best to you and yours for the  
New Year and beyond!*

## **INSIDE THIS ISSUE**

- Events/Activities; Student Station... 2
- Leadership Council Communiqué... 3
- From the Desk of Dr SuZ ..... 4
- After Further Review (Rev Bill) ..... 5
- Information & Support..... 6
- Calendar ..... 7
- Vision and Mission Statement ..... 8

*The course, **Metaphysical Bible Interpretation** (sign-up sheet on bulletin board), will begin in January. It will be a daytime course; the tentative day/time for the class is Tuesday or Thursday the 6<sup>th</sup> or 8<sup>th</sup>, 10:00 am to 1:00 pm.*

*The day and time will be determined by the members who sign up.*

**I KNOW ALWAYS THAT DIVINE ORDER IS WORKING FOR MY BEST INTERESTS.**

## The United Life Messenger

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United Life  
Spiritual Center

We're available  
via email.  
Just let us know you'd like  
to be added to the email  
list!

Join our Google Group!

For more info:  
email Nina W-VZ:  
wvzarts@gmail.com

### Share your nurturing spirit in the United Life Community Garden

We'll even have a winter garden... Contact Rick Wicker: 395-7191

Join us most Saturdays for a Gardening Party!

(or help whenever your schedule allows)

### Discussion Group

Sundays, 9am

Open to everyone  
Jump in anytime!

### Annual Visioning® Board Workshop

with Lynda Toney-Bahr  
Sunday, Jan 4, 12:30-3:30

Please join us!

### Bookstore at ULSC

We have many great titles, plus  
incense, incense holders and oils!

Stop by for inspiration!

### ULSC Healing Room

The Healing Room is available for healers of  
every kind, on a love offering basis!

To reserve the room,  
call the office (946-6753)



### Student Station... by Chereé Clayton

When I was asked to write about my experience with Foundations 101, many thoughts and emotions overcame me! It was such a rewarding, enlightening, and charging journey! I learned a lot about myself and about how I see the world around me! As I worked through the homework assignments each week, the current lesson would present itself in my life for me to really experience what the message was for me! The week we studied Faith has opened my eyes wider than I ever thought possible! I experienced what it is like to have Faith! It is like flying! I know what it feels like/ so every day I practice a lesson to keep myself aware of what I'm open to! I learned that I have Faith or I don't! I learned that when you have experienced it, you will do what it takes to make it stay and have the comfort of knowing it is only fear that is keeping you from it!

Also, everyone in the class helped one another grow by sharing experiences and opinions—without them my experience wouldn't have been complete! I feel closer to them all; thank you! The beauty of sharing with others is you teach each other with love without even trying!

The class was fun because we all wanted to grow, we knew no one would put us down, and we could learn without judgment! The last day of class we shared what we learned on this journey in our own way! It was really interesting and uplifting to see the changes in us all! When class was over, I looked around and was filled with joy and sadness! Joy over the light that shined on everyone and sadness because the class was over... or is it? Lovingly,

~Chereé

## Leadership Council Communiqué

Dear Friends,

January again—another year of new beginnings and so much gratitude for all of you who have done so much for each other and our United Life center! THANK YOU!

As some of you may know, I'll be leaving our Leadership Council in January as I have completed the 3-year term you elected me to! It has been my intention to listen and hear you on any major decision we have faced during these years and with the help of Jan Brown, our Administrator, we have prepared and distributed many questionnaires so you could give us your feedback on things and how you wanted our community to move ahead! Thank you for all your input and support!

We have been on a mission to grow our attendance and income and have had several new people attending in addition to others that have returned after not attending for a long time! It is a joy to see you and celebrate life and God with you!

Many of us will set our intention for the New Year on January 4th, 12:30-3:30, when we will be holding our annual Visioning® Workshop, facilitated by Lynda Toney-Bahr! This is a great opportunity so please attend if your schedule allows!

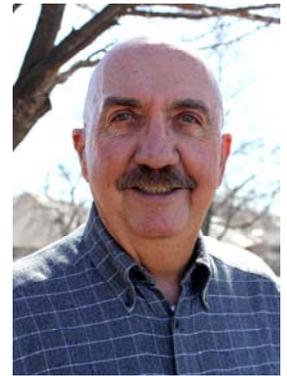
Regarding other opportunities for us to grow and learn together, I'm looking forward to new classes being offered in January &/or February! There's one already in the works, *Metaphysical Bible Interpretation*, which is mentioned on the front cover of this newsletter, in addition to "The Week..." email blast!

Lastly and very important, please remember that our **annual Congregational Meeting will be held the 3rd Sunday in January (the 18th)**! Those that have a current member card on file (for 2015) will be eligible to vote on church business conducted that day! New Leadership Council members will be chosen and sworn in and many other decisions about our Center will be made! We'll need a quorum in order to conduct business so please plan to attend especially if you're a current member!

Thank you for being in my life and celebrating life together every Sunday!

In Love & Appreciation,

Ray



Ray Reid  
Leadership Council  
President

### TONING CIRCLE

The singing bowl Toning and Meditation Circle continues to meet the **first Sunday** of each month at **6:30 pm** at United Life!

### Creative Spirits

We meet each 2nd & 4th Saturday @ Christine Baldwin's house! Please call her at: 943-426 for directions! Come and go from **9 am to 12 noon**! Bring your own creative activity and socialize with like-minded people! Everyone is welcome!





Dr SuZ Ogden  
Music Director

## From The Desk of Dr. SuZ

**Anticipation:** a feeling of excitement about something that is going to happen; the act of preparing for something; that act of looking forward; especially: pleasurable expectation; the early sounding of one or more tones of a succeeding chord to form a temporary dissonance. ~Webster's Dictionary

Dear Friends,

Christmas day, I leave to spend a few days with a friend in Vancouver, Canada. As we were talking on the phone today, she said she was not sure if, when we finally come together, it could be any better than the anticipation. It made me look up the word, and I love it.

Of course, the trip will be nothing **less** than what we anticipate. Life is what we anticipate it to be. What if we just get excited about all the pleasurable expectations we can think of? There was a reference in the dictionary definition as to how tones form a dissonance to be resolved. It is expected even in the exact science of music that sounds can be in dissonance, but they will resolve to a peaceful sound. What if we were able to look at everyday life that way and remember that, no matter what we have been handed, it will resolve itself into something of greatness?

Speaking of greatness, I want to take a moment to thank all of the musicians who helped



ULSC's One Voice Choir

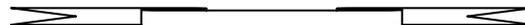
make this holiday season exquisite. We worked long and hard and it is beginning to really pay off. We practiced with the anticipation that we would make heart-felt beautiful music together, and by golly we do, and we did! You are each a bright light.

I anticipate great things for the New Year to come. There will be new music, and new people to sing and play with us. We will only get bigger and better. Thanks to all of you that hold and support the music of United Life Spiritual Center in your thoughts and prayers. We are so blessed.

May this New Year for each of you be filled with an anticipation of love, joy, peace, and well-being.

*Keep a **song** in your heart and sing it **every day!***

~SuZ



*New*



**Choir Members  
Welcome!**

**CHOIR PRACTICE**

Our own **One Voice Choir**  
practices most Sundays 11:45 am  
(check for time on Potluck Sundays)

Please let Rev SuZ know if you'd  
like to join!

## AFTER FURTHER REVIEW

For the last four months, I have been approaching our wonderful Center for Spiritual Living from the perspective of a return to the “fire of the founder” meaning for us to take another look at what the founder of our brand of New Thought Christianity, Ernest Holmes, had in mind. What was his motivation, and what was the “fire” that motivated most anyone who ever accomplished anything of value for themselves or for others, not to mention doing so for all of society? It was a very simple act of looking out into the world to see what is needed and wanted by some, or all of society. Then it was simply to become a committee of “one” to accomplish something to fulfill that need.

At the same time, we have been looking around to see what we, as a church have to offer. What we have discovered is a genuine need for people to understand that their thoughts of today are the foundations of tomorrow. Now, that is in small things as well as huge world-wide things. So we have begun a transformation of our place of worship, our meeting space, our educational program and the methods and means of providing what is needed for our community and the world. We are in the process of making things new. We have been given funds to renew our audio-visual and lighting in the sanctuary, and more than half of the cost has been collected with hardly a word spoken until now. We have been blessed with donors who are willing to match any funds that come in toward the projects up to our \$15,000.00 renovation plan. Change is in the offing and we are moving into a more effective approach to get our message out.

Our message is one of hope, and certainty in a somewhat “hopeless and uncertain” world. We are happy to declare with our founder, “There is a power in the universe, greater than you are, and you can use it for specific purposes.” Our message is one that requires some classwork in order to fully realize and actualize the depth of the meaning of that statement. We will be offering classes in the fundamentals of our teaching; sermons throughout January to bring an understanding of the principles of our teaching; classes in Bible interpretation; classes in the philosophy and teachings of Emerson, Troward, Emma Curtis Hopkins, Raymond Charles Barker, Carleton Whitehead and many others who have given us this effective religion; this practical religious belief system that purports to be one that creates in each individual a sense of magnificence and joy.

So, if you are really ready for transformative living at its best, come and learn. Experience the very best that God has to offer you as you begin to “see” with the eyes of your heart, and live life fully as God has planned. Additionally, you will be encouraged to love “wastefully” and to become all that God ever meant for you to become. This can be the start of something very big in your life, and it is a belief system that never fails and that will truly take you places you never dreamed possible. Start this month and see where God wants to take you, your talent, your skill sets, your résumé and your life starting right now, in the eternal “Here” and everlasting “Now.”

Happy New Year – The Best Year of Your Life Begins Now!!!!

~Dr. Bill



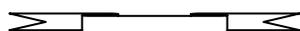
Rev Dr Bill Ward  
Senior Minister

**Newcomer/Refresher  
Class w/ Rev Bill**

**Wednesdays, 6 pm**  
*Please join us!*

**Sanctuary A/V & Lighting  
Upgrade**

This project needs you! The budget is \$15,000 & we're more than halfway there. We have a member who has pledged to match dollar-for-dollar any future designated contributions. This is the perfect opportunity for your dollars to go further!



# The United Life Messenger

## WE ARE OPEN

### SUNDAY

Discussion Group: 9:00 - 10:00 am  
 Meditation Service: 10:00 - 10:20 am  
 Celebration Service: 10:30 - 11:30 am  
 Choir Practice (most Sundays): After Service  
 Toning & Meditation Circle: 1st Sun, 6:30 pm

### MONDAY

Toastmasters: 7:00 - 8:00 pm

### TUESDAY

Substance Abuse Group (\$15): 6:30 - 7:00 pm

### WEDNESDAY

White Bison Society: 6:00 - 8:00 pm  
 OKC Reiki Energy Circle: 1st Wed, 2 pm  
 3rd Wed, 7 pm  
 Newcomer/Refresher Class w/ Rev Bill: 6:00 - 7:00 pm

### THURSDAY

Sierra Club: 3rd Thu, 7 pm  
 OKC Reiki Energy Circle: 4th Thu, 6:30 p

### SATURDAY

Community Garden (come-n-go): 9:00 am - Noon  
 OKC Reiki Energy Circle: 2nd Sat, 11 am  
 (OR 3rd & 5th)

## Keeping You in the Loop

### ATTENDANCE

~YTD: 2160 ~Dec 2014: 189

### NEW MEMBERS

~YTD: 12 ~Dec 2014: 3

### FINANCIALS

~YTD Income: \$134,869<sup>24</sup> ~Dec Inc: \$11,137<sup>39</sup>\*  
 \*(plus design<sup>2</sup>\$680 to minister's salary;  
 \$7K to sanctuary A/V-Lighting; \$470 varied )  
 ~YTD Expenses: \$126,499<sup>95</sup> ~Dec Exp: \$15,684<sup>95</sup>\*  
 \*(plus \$2721<sup>74</sup> pd with design<sup>2</sup>funds)

### CHURCH PROJECTS (in process)

~Sanctuary Décor Update (from Rummage Sale Proceeds) ~Sanctuary A/V & Lighting Upgrade (from Designated Donations)

### Pastoral Care

If you know of someone in  
 need of care or prayer,  
 please contact the church office

UnitedLifeChurchOKC  
 @hotmail.com

### Reach Out to Your Practitioners!

Practitioners are available  
 for Spiritual Mind  
 Treatment by  
 appointment and after  
 our Sunday services.

## GENERAL INFORMATION

United Life Spiritual Center  
 3332 N Meridian Ave • Oklahoma City • OK 73112  
**Office:** 405.946.6753  
**email:** UnitedLifeChurchOKC@hotmail.com  
**Web:** www.unitedlife.org

**Rev Dr Bill Ward**  
 Senior Minister ..... 946.6753  
**Rev Dr SuZ Ogden**  
 Music Director ..... 473.8828  
**Jan Brown**  
 Administrator ..... 946.6753

### LEADERSHIP COUNCIL

Ray Reid, President..... 917.7573  
 Rick Wicker, Vice President..... 395.7191  
 Bob Williams, Treasurer ..... 354.3039  
 David Ackley, Secretary ..... 501.2201  
 Chris Van Zant, Trustee ..... 528.4626

### LICENSED PRACTITIONERS

Christine Baldwin, RScP..... 943.0426  
 Scott Bryden, RScP..... 205.0916  
 Dorothy Danen, RScP..... 826.1935  
 Barbara Hartman, RScP..... 951.537.8179  
 Rev Nancy Morris (Emeritus) ..... 373.3617

# January 2015

## United Life Spiritual Center

3332 N Meridian Ave, Oklahoma City, OK

www.UnitedLife.org • UnitedLifeChurchOKC@hotmail.com

The

# United Life Messenger

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>⇒ <b>January 4th</b>  <b>Visioning® Workshop</b>, w/                      Lynda Toney-Bahr                      12:30—3:30                      ⇒ <b>January 18th</b>  <b>CONGREGATIONAL MTG</b></p>				<p>1                      HAPPY NEW YEAR!</p>	2	3
<p>4 10:00 Meditation                      10:30 Celebration Service                      11:30 BIRTHDAY CAKE!                      11:45 Ed Team                      12:30 <b>Visioning® Wkshop</b>                      6:30p Toning &amp; Meditation</p>	<p>5                      7:00 pm Toastmasters</p>	<p>6                      10am <i>Metaphysical Bible Interpretation class (or Thursday)</i>                      6:30 pm Substance Abuse Group</p>	<p>7                      2:00 pm OKC Reiki                      6:00 White Bison                      6:00 Newcomer/ Re-fresher Class w/ Rev Bill</p>	<p>8                      10am <i>Metaphysical Bible Interpretation class (or Thursday)</i>                      1:30 pm Stewardship</p>	9	<p>10                      (come-n-go)                      9am—12Noon                      Creative Spirits</p>
<p>11                      9:00 Discussion Group                      10:00 Meditation                      10:30 Celebration Service                      12:30 LC Meeting</p>	<p>12                      7:00 pm Toastmasters</p>	<p>13                      6:30 pm Substance Abuse Group</p>	<p>14                      6:00 White Bison                      6:00 Newcomer/ Re-fresher Class w/ Rev Bill</p>	15	16	17
<p>18                      9:00 Discussion Group                      10:00 Meditation                      10:30 Celebration Service                      11:30 <b>CONGREGATION'L MTG</b>                      12:30 POTLUCK</p>	<p>19                      7:00 pm Toastmasters</p>	<p>20                      6:30 pm Substance Abuse Group</p>	<p>21                      6:00 White Bison                      6:00 Newcomer/ Re-fresher Class w/ Rev Bill                      7:00 OKC Reiki</p>	22	23	24
<p>25                      9:00 Discussion Group                      10:00 Meditation                      10:30 Celebration Service</p>	<p>26                      7:00 pm Toastmasters</p>	<p>27                      6:30 pm Substance Abuse Group</p>	<p>28                      6:00 White Bison                      6:00 Newcomer/ Re-fresher Class w/ Rev Bill</p>	29 7:00 pm Sierra Club 6:30 pm OKC Reiki	30	31

# *The* **United Life Messenger**

*Enlightenment for Successful Living in the 21st Century*

## OUR VISION

We are a loving spiritual community,  
joyfully expressing Spirit.

## OUR PROSPERITY AFFIRMATION

We express the overflowing prosperous  
nature of God,  
both in our Spiritual Community,  
and in our own personal lives.

## MISSION STATEMENT

By practicing the Science of  
Mind Principles, we honor the  
presence of God in all,

Nurture and support spiritual  
growth and transformation,

Empower people to create  
happy, healthy, abundant lives.



*Centers for  
Spiritual Living*

## **United Life Spiritual Center**

**3332 N Meridian Avenue**

**Oklahoma City OK 73112**

405.946.6753

UnitedLifeChurchOKC@hotmail.com

www.UnitedLife.org

ADDRESS CORRECTION REQUESTED

DATED MATERIAL



**8 THE INFINITE IN ME BRINGS NATURAL LIFT & INSPIRATION. IT LIVES IN MY DEPTHS & I TOUCH IT EVERY DAY.**