

# The United Life Messenger

*Enlightenment for Successful Living in the 21st Century*

Volume 18, Number 12

December 2014



## United Life Spiritual Center

*A Center for Spiritual Living  
Joyfully Expressing Spirit*

### *Celebration Service*

*10:30 am each Sunday*

- DEC 7 From Here to Kingdom Come**  
Lessons in Creativity!  
Alternatives to Creativity.
- DEC 14 And the Winner is . . . ?**  
Ready! Set! Grow! Or not.
- DEC 21 The Inner Christ Child**  
Life's Pattern is in the Pod.
- DEC 28 That's a Wrap, or is It?**  
New Life Available for All,  
Your Choice.



*Season's Greetings and Many Blessings  
now and in the coming year!*

*Please join us:*

*Christmas Eve Service, Dec 24, 7-8 pm*

*New Year's Eve Party, Dec 31, 8-Midnight*

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*SOM classes taught by Rev Bill! Check the class list & the class descriptions that are on the bulletin board, and let us know which classes are of interest to you!*

**I KNOW ALWAYS THAT DIVINE ORDER IS WORKING FOR MY BEST INTERESTS.**

## The United Life Messenger

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United Life  
Spiritual Center

We're available  
via email.

Just let us know you'd like  
to be added to the email  
list!

Join our Google Group!

For more info:  
email Nina W-VZ:  
wvzarts@gmail.com

### Share your nurturing spirit in the United Life Community Garden

We'll even have a winter garden... Contact Rick Wicker: 395-7191

Join us most Saturdays for a Gardening Party!

(or help whenever your schedule allows)

### Discussion Group

Sundays, 9am

Open to everyone

Jump in anytime!

### Annual

### Visioning Board Workshop

with Lynda Toney-Bahr

Sunday, Jan 4, 12:30-3:30

Please join us!

### Bookstore at ULSC

We have many great titles, plus  
incense, incense holders and oils!

Stop by for inspiration!

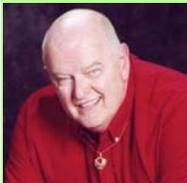
### ULSC Healing Room

The Healing Room is available for healers of  
every kind, on a love offering basis!

To reserve the room,  
call the office (946-6753)



### FYI—Get Ready for Great Things



Hurray! December is here! Christmas is coming! My inner child and the Christ-child are joining hands for a great expectation and exaltation in this most glorious of seasons!

This year we are planning a couple of interesting things for all the members of our United Life Center for Spiritual Living! We will be having a beautiful **Christmas Eve Candlelight Service** on the 24<sup>th</sup> at 7:00 P.M. In preparation for the season, we are soliciting donations of Poinsettias to decorate the sanctuary! So please sign up or fill out a form for the number of plants you want, and let us know if your purchase is for a memorial for someone, or to honor someone and we will put that information in the bulletin insert!

We would like to plan a **New Year's Eve Family Movie and Game Night**, if there is any interest in such an event! It would start around 8:00 P.M. with plenty of snacks and popcorn and movies and board games and all sorts of things to do during the evening! At about fifteen minutes before midnight, we will have a time of prosperity treatment for the coming year and then right at midnight have a champagne toast (sparkling grape juice available)! After that, a special time of fellowship and the eating of any traditional foods that you want to bring to celebrate and prepare for a more prosperous 2015!

Please sign up on the bulletin board if you would like to participate in a very sane New Year's Eve Celebration and we will get going with the plans and technology to make it all happen!

Also, this month of December will see our use of business-type cards for you to hand out to your friends and relatives to invite them to come to services beginning in January to discover what we believe in the January Sermon Series based on the "Science of Mind"© by Ernest Holmes, our Founder! Each month there will be a different card with another of the twelve beliefs on it as a theme for each month of 2015!

I thank God for the increase, for your enthusiasm, and your willingness to participate in so important a task; that of letting people know who, what, and where we are! We want everyone to know there is a loving presence within them, and everyone that is ready and willing to do whatever is needed for you and them to experience all the magnificence possible in the coming year! ~Dr. Bill

## Leadership Council Communiqué

Dear Friends,

I can't believe it's already December, and winter, Christmas and the New Year are just around the corner! I'm so grateful to have all of you in my life as we enjoy the holiday season and beyond.

We're planning Christmas Eve and New Year's Eve events. Just as we had such a great turnout for our Thanksgiving Day Dinner, we're knowing that it will be so for these events. As Rev Bill mentioned in his FYI article on page 2, Christmas Eve will be a candle light service at 7 pm and New Year's Eve, if there's enough interest, will begin at 8 pm and go until we ring in the New Year—and a bit beyond for those that choose to stay. The Christmas Eve service will only last an hour so will still allow time for you to continue any family traditions you might have for that evening. For New Year's Eve, there will be lots of fun and fellowship so please signup to attend and join us for part or all of it.

We appreciate everyone that helps our Center in every which way and want to especially thank those that helped with our Thanksgiving Day dinner, from David Ackley, who cooked the turkeys, (THANKS, David!) to all of you that attended and brought so many great side dishes to share and round out our feast. Thank you, everyone!

We also appreciate everyone that helped with our rummage sale—from donating items to working the sale. It was a great success thanks to everyone's generous efforts.

Finally, there are a few things to mention:

- If you know you'd like to renew/reaffirm your membership, please turn in your signed card asap.
- Our new website is up and running. THANK YOU, Glen Wicker, for all your hard work on this project! It's the same web address so you can go to [UnitedLife.org](http://UnitedLife.org) and see our new look.
- On January 4th at 12:30 we will be holding the annual Visioning Board Workshop facilitated by Lynda Toney-Bahr. This is an opportunity to set your intention for the coming year so please plan to attend.
- Thanks to both everyone that sponsored the poinsettias and those that helped with the Christmas tree. Our Center looks great!

As always, thank you for being in my life. It is an honor and a pleasure to share this life with you.

In Love & Appreciation,

Ray



Ray Reid  
Leadership Council  
President

### TONING CIRCLE

The singing bowl Toning and Meditation Circle continues to meet the **first Sunday** of each month at **6:30 pm** at United Life.

### Creative Spirits

We meet each 2nd & 4th Saturday @ Christine Baldwin's house. Please call her at: 943-426 for directions. Come and go from **9 am to 12 noon**. Bring your own creative activity and socialize with like-minded people. Everyone is welcome!





Dr SuZ Ogden  
Music Director

## From The Desk of Dr. SuZ

Dear Friends,

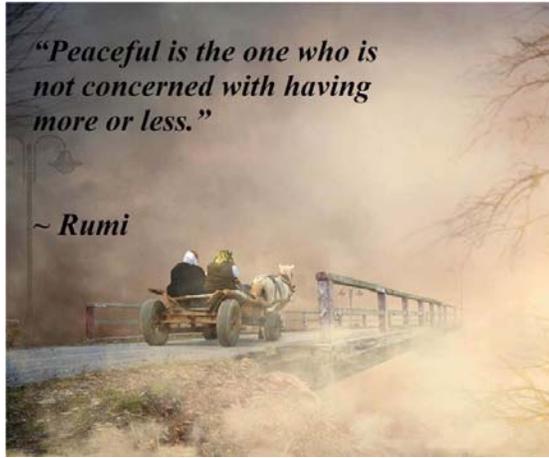
Yesterday was such an incredible day! It was 64 degrees, not much wind, a combination of blue skies and white clouds, fields of soft white cotton, green fields of newly planted wheat, and signs of the changing of the seasons in the trees. My intention was to tell about the beauty of the experience. As I began to write, I became aware of what was really, really important to me: the peace of the day.

I travelled through Corn, Oklahoma. Driving through the Mennonite Valley a profound sense of peace came over me. A peace about where I am in my life and what I am doing at this time. It is as Rumi says about not having more or less, but for me, about being in a place of love and peace.

There have been times in my life my "outer child," as Susan Anderson calls it, has almost worked me into a frenzy to get this and get that, when in fact most of the time I was not

even reaching for what was really important to my true inner self.

Now we move into this time of Christmas and the beginning of a new year. I invite you to join with me in the silence every day to listen to that still, small voice within. It is so easy to get caught up in the hustle and bustle that we sometimes forget the really important meaning of the season.

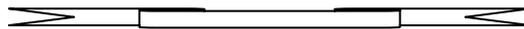


Thank God we are learning to listen to

that true Christ self in which abides the peace that passes understanding. Out of a perfect heart, Mother Mary gave birth to this concept of love that could serve all humanity. May each of us find our place of peace this season; that we may serve humanity in a greater way. May we all be filled with peace, love, kindness, and be joy-filled.

Merry Christmas and a Happy New Year,

Rev. Dr. SuZ



*New*

**Choir Members Welcome!**

**CHOIR PRACTICE**

Our own **One Voice Choir** practices most Sundays 11:45 am (check for time on Potluck Sundays)

Please let Rev SuZ know if you'd like to join!

# The United Life Messenger

## AFTER FURTHER REVIEW

Actually, the last Sunday in November this year and the three Sundays before Christmas begin the season of expectation and preparation called Advent. This year it is our opportunity to begin developing an Advent Consciousness that will last for the rest of our lives. It is a time that begins slowly with only hints of it around Halloween and then throughout November and on past Thanksgiving and finally into the month of great expectations. It is like a great long train whose engine strains at the start and gradually increases its speed and quality as the days fly into weeks until all of a sudden the power is cut and the big powerful engine slows down coming to a gentle stop, home once again at Christmas station.

This year, begin to anticipate the feeling of ecstatic joy and overwhelming love as your Inner Christ-child begins to play with your inner child and, conjoined in you is the thrill with each passing day leading up to the celebration of the most wonderful day of all. It really comes home with the Christmas Eve Candlelight Service at 7:00 P.M. on the 24<sup>th</sup> followed by your family traditions which may include opening one or more gifts that night, or waiting with your children for the Christmas morning squeals and peals of laughter and joy opening all the wonderful surprises under the tree. Don't forget emptying those Christmas Stockings – you know, the ones with the orange or apple stuck in the toe of each one.

What? Are you celebrating or de-celebrating? Can you once and for all time let the real Kingdom-Child and your inner child play with the season with ever increasing expectation and joy? Are you really ready to receive all the blessings your inner child brings with every

squeal of laughter and exclamation of "Wow!!" as the season's trees and wreaths are lighted up in all their splendor.

Here is what all this "hoopla" is really about. It is the truth of the story, or the rest of the story. This is the season of birth and re-birth. It is the "fullness of time" and your personal annual in-breaking in history of the Christ-child being birthed within. The inner child gives way to the Christ-child; the little Spirit-King is born in simple glorious manger scenes; humble shepherds and their sheep told of the birth by majestic angel serenades; wise men arrive from afar with rich gifts of gold, frankincense, and myrrh; all acknowledging the reality of the Christ-King of God born in you. Can you let your imagination loose at last? Can you imagine yourself re-born as the brand new Christ-child? In the magnificence of this "night divine" moment, you are the one being celebrated in the midst of this phenomenal scene.

To you who are ready to receive, "the dear Christ enters in" and is born in you this Christmas Day, today and every day. If you are ready to receive, you shall exclaim God's goodness with every gift the King-child in your inner Kingdom presents to you throughout the coming year.

This is a great month of gifting and joy leading you to declare a new way of life that you will live all throughout the coming New Year of 2015. This is the greatest month ever. The coming year is the greatest you have ever experienced or imagined, and it is yours for the living, the taking, and the receiving of it.

And so it is!!!

~Dr. Bill



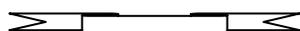
Rev Dr Bill Ward  
Senior Minister

**Newcomer/Refresher  
Class w/ Rev Bill**

**Wednesdays, 6 pm**  
*Please join us anytime!*



**Poinsettia Sponsors Needed**  
**Help us decorate the  
sanctuary for the holidays!**  
**Signup, use an order form or  
contact us.**



# The United Life Messenger

## WE ARE OPEN

### SUNDAY

Discussion Group: 9:00 - 10:00 am  
 Meditation Service: 10:00 - 10:20 am  
 Celebration Service: 10:30 - 11:30 am  
 Choir Practice (most Sundays): After Service  
 Toning & Meditation Circle: 1st Sun, 6:30 pm

### MONDAY

Toastmasters: 7:00 - 8:00 pm

### TUESDAY

Substance Abuse Group (\$15): 6:30 - 7:00 pm

### WEDNESDAY

White Bison Society: 6:00 - 8:00 pm  
 OKC Reiki Energy Circle: 1st Wed, 2 pm  
 3rd Wed, 7 pm  
 Newcomer/Refresher Class: 6:00 - 7:00 pm  
 w/ Rev Bill will be continuing

### THURSDAY

Sierra Club: 3rd Thu, 7 pm  
 OKC Reiki Energy Circle: 4th Thu, 6:30 p

### SATURDAY

Community Garden (come-n-go): 9:00 am - Noon  
 OKC Reiki Energy Circle: 2nd Sat, 11 am  
 (OR 3rd & 5th)

## Keeping You in the Loop

### ATTENDANCE

~YTD: 1971      ~Nov 2014: 249 (5 Sundays in Nov)

### NEW MEMBERS

~YTD: 9      ~Nov 2014: 5

### FINANCIALS

~YTD Income: \$113,217<sup>01</sup>      ~Nov Inc: \$11,329<sup>30\*</sup>  
 \*(plus \$715 desig<sup>to</sup> minister's salary;  
 \$10K from Pete Frederick's estate)  
 ~YTD Expenses: \$108,246<sup>91</sup>      ~Nov Exp: \$12,165<sup>78</sup>

### CHURCH PROJECTS

~Sanctuary Update: in process  
 (from Rummage Sale Proceeds)

### Pastoral Care

If you know of someone in  
 need of care or prayer,  
 please contact the church office

UnitedLifeChurchOKC  
 @hotmail.com

### Reach Out to Your Practitioners!

Practitioners are available  
 for Spiritual Mind  
 Treatment by  
 appointment and after  
 our Sunday services.

## GENERAL INFORMATION

United Life Spiritual Center  
 3332 N Meridian Ave • Oklahoma City • OK 73112  
**Office:** 405.946.6753  
**email:** UnitedLifeChurchOKC@hotmail.com  
**Web:** www.unitedlife.org

**Rev Dr Bill Ward**  
 Senior Minister ..... 946.6753  
**Rev Dr SuZ Ogden**  
 Music Director ..... 473.8828  
**Jan Brown**  
 Administrator ..... 946.6753

### LEADERSHIP COUNCIL

Ray Reid, President..... 917.7573  
 Rick Wicker, Vice President..... 395.7191  
 Bob Williams, Treasurer ..... 354.3039  
 David Ackley, Secretary ..... 501.2201  
 Chris Van Zant, Trustee ..... 528.4626

### LICENSED PRACTITIONERS

Christine Baldwin, RScP..... 943.0426  
 Scott Bryden, RScP..... 205.0916  
 Dorothy Danen, RScP..... 826.1935  
 Barbara Hartman, RScP..... 951.537.8179  
 Rev Nancy Morris (Emeritus) ..... 373.3617



# United Life Messenger

## December 2014

### United Life Spiritual Center

3332 N Meridian Ave, Oklahoma City, OK

[www.UnitedLife.org](http://www.UnitedLife.org) • [UnitedLifeChurchOKC@hotmail.com](mailto:UnitedLifeChurchOKC@hotmail.com)

| Sun  | Mon                               | Tue  | Wed   | Thu                                | Fri  | Sat  |
|--|-----------------------------------|--|---|------------------------------------|--|--|
| <b>2</b>   |                                   | <b>2</b><br>6:30 pm Substance Abuse Group  | <b>3</b><br>2:00 pm OKC Reiki<br>6:00 White Bison<br>6:00 Newcomer/ Re-fresher Class w/ Rev Bill    | <b>4</b>                           | <b>5</b>   | <b>6</b>   |
| <b>7</b><br>9:00 Discussion Group<br>10:00 Meditation<br>10:30 Celebration Service<br>11:30 BIRTHDAY CAKE!<br>11:45 Ed Team<br>6:30p Toning & Meditation | <b>8</b><br>7:00 pm Toastmasters  | <b>9</b><br>6:30 pm Substance Abuse Group  | <b>10</b><br>6:00 White Bison Society for Wellbriety<br>6:00 Newcomer/ Re-fresher Class w/ Rev Bill | <b>11</b><br>1:30 Stewardship Team | <b>12</b>  | <b>13</b><br>(come-n-go)<br>9am—12Noon<br>Creative Spirits<br><br>11am OKC Reiki Energy Circle |
| <b>14</b><br>9:00 Discussion Group<br>10:00 Meditation<br>10:30 Celebration Service<br>12:30 LC Meeting  | <b>15</b><br>7:00 pm Toastmasters | <b>16</b><br>6:30 pm Substance Abuse Group | <b>17</b><br>6:00 White Bison<br>6:00 Newcomer/ Re-fresher Class w/ Rev Bill<br>7:00 OKC Reiki      | <b>18</b><br>7:00 pm Sierra Club   | <b>19</b>  | <b>20</b>  |
| <b>21</b><br>9:00 Discussion Group<br>10:00 Meditation<br>10:30 Celebration Service<br>11:30 POTLUCK   | <b>22</b><br>7:00 pm Toastmasters | <b>23</b><br>6:30 pm Substance Abuse Group | <b>24</b><br>7-8 pm<br>CHRISTMAS EVE Service  | <b>25</b><br>CHRISTMAS DAY         | <b>26</b>  | <b>27</b><br>(come-n-go)<br>9am—12Noon<br>Creative Spirits                                     |
| <b>28</b><br>9:00 Discussion Group<br>10:00 Meditation<br>10:30 Celebration Service  | <b>29</b><br>7:00 pm Toastmasters | <b>30</b><br>6:30 pm Substance Abuse Group | <b>31</b><br>8—Midnight<br>NEW YEAR'S EVE Party   |                                    | <i>Choir Practice most Sundays after service</i> | <i>UL-SC [winter] Community Garden "Garden Party" most Saturdays. Call Rick: 395.7491</i>      |

# *The* **United Life Messenger**

*Enlightenment for Successful Living in the 21st Century*

## OUR VISION

We are a loving spiritual community,  
joyfully expressing Spirit.

## OUR PROSPERITY AFFIRMATION

We express the overflowing prosperous  
nature of God,  
both in our Spiritual Community,  
and in our own personal lives.

## MISSION STATEMENT

By practicing the Science of  
Mind Principles, we honor the  
presence of God in all,

Nurture and support spiritual  
growth and transformation,

Empower people to create  
happy, healthy, abundant lives.



*Centers for  
Spiritual Living*

## **United Life Spiritual Center**

**3332 N Meridian Avenue**

**Oklahoma City OK 73112**

405.946.6753

UnitedLifeChurchOKC@hotmail.com

www.UnitedLife.org

ADDRESS CORRECTION REQUESTED

DATED MATERIAL



**8 THE INFINITE IN ME BRINGS NATURAL LIFT & INSPIRATION. IT LIVES IN MY DEPTHS & I TOUCH IT EVERY DAY.**