

The United Life Messenger

Enlightenment for Successful Living in the 21st Century

Volume 18, Number 8

August 2014

United Life Spiritual Center

*A Church of Religious Science
Joyfully Expressing Spirit*

Celebration Service

10:30 am each Sunday

Theme for August:

DOG DAYS (DEPEND ON GOD)

03 Aug: Tracy Brown, RScP

Are You Ready to Receive?

10 Aug: Ellen Mercer, Laughter Yoga

*Depend on Laughter: God's Gift
for Love, Levity & Joy*

17 Aug: Rev Dr SuZ Ogden

Talk Title: JBD

24 Aug: Mike Ruckel

*Rehearse for Success: Successful
People Think About Success*

31 Aug: Rob Riggs

The Law of Attraction



INSIDE THIS ISSUE

Getting to Know	2
.....	2
Leadership Council Communiqué.....	3
From the Desk of Dr SuZ	4
Minister's Magical Moment	5
Information & Support	6
Calendar	7
Vision and Mission Statement.....	8

Remember to check out the calendar.

*Many activities and items of interest are coming up to include
Pancake Sunday/Potluck Brunch with game time on Aug 31st!*

Minister's Magical Moment

Giving Thanks To You This Day,

Please "get" that being alive with the life of God can be a daunting experience until we realize that even that idea is the way God is expressing Himself through each one of us today and every day. The real Joy unspeakable and full of Glory is the genuine and authentic sense of who we truly are and all that we are blessed with becoming in every waking moment. This is not merely positive thinking, it is God-driven, idea-generating, demonstration-happening, song-singing, consciousness-raising stuff for which the whole world is waiting to see what each one of us can do. **"The proof of our entire teaching is in our demonstrations."** So as a co-creator of our worlds, let us begin this new month with a spring in our steps, and a renewed dedication to bring the very best into the world by our dynamic, loving, creative, thought pro-

cess. Let's create a whole symphony together and see what a great audience we can create by just being who we truly are in every God-given, Idea-driven moment of our lives beginning in the eternal here and everlasting now. Here is this month's Idea-driver for you to say each day starting today.

More and more each day I can hear the Song of Joy singing at the center of my being. I am still and I listen. I can hear the Song of Life, for it is always there. I turn the dial of my thought to the sunshine of life, to brightness and laughter, to the joyous presence of the radiant, penetrating Spirit of God. I lay aside all anxiety, all striving, and let the law of Divine Love operate through me into my affairs. Joyfully I accept greater abundance, more success, and a deeper peace. Gratitude wells up within my heart for all the blessings I am now receiving. And so It is!! Amen!!! (with thanks to E. Holmes 365)



Rev Bill Ward

God bless ULSC, and each one who reads this message.
In gratitude and thanksgiving,

Pastor Bill



Foundations Class Sometime in September

Please stay tuned for dates
Taught by Practitioners
Dorothy Danen &
Barbara Hartman
PLEASE JOIN US!

Bookstore at ULSC

We have many great titles, plus
incense, incense holders and oils.
Stop by for inspiration!

ULSC Healing Room

The Healing Room is available for
healers of every kind, on a
love offering basis.
To reserve the room,
call the office (946-6753)



Anyone interested
in going to the ball-
park to watch a
game together on August
23rd? We just need to know if
you're "in". Tiks are \$15 each
payable in advance. Just con-
tact the ULSC office for info
or to sign up.



ULSC Rummage Sale Fundraiser for Sanctuary

Time to start clearing out
those closets, garages,
basements or attics!
1st weekend in September
& Donations of sellable
items gratefully accepted.

Discussion Group Sundays, 9am

Open to everyone
No attendance requirement
PLEASE JOIN US!

The United Life Messenger

Leadership Council Communiqué

Dear Friends,

Wow how fast things are going! The info I give you today may be old news by the time this newsletter is printed...

We enjoyed having Rev Bill with us July 20th and 27th and received many positive comments. We're considering hiring him as our rebuilding/healing minister and when the time comes to hire a permanent minister, we'll consider him along with any other applicants that choose to apply.

The Town Hall Meeting on the 20th was well attended. The Leadership Council members listened and are reviewing all of the verbal and written comments and recommendations that came out of that meeting.

For those of you that are interested in taking—or re-taking, as a refresher never hurts!—our Science of Mind Foundations class, there will be a re-do of the Fall class to be held sometime this September. Everyone is welcome to enroll. This time it will be taught by practitioners Dorothy Danen and Barbara Hartman. Stay tuned as an official start date is settled and announced.

We have some family activities that you can be a part of. On August 23rd there's a Redhawks (baseball) game that we could attend together if we reach the group rate minimum of ten (10) people. Each of us would then only pay \$15 for best available seats

(parking is only \$5 per car) and on this date they would give us a couple of gifts, \$5 "Hawks cash" plus a free program. One last perk: our group name will be shown on their giant video board! Contact the ULSC office if you'd like to attend. There's also a Brunch Potluck on Pancake Sunday, August 31st right here at our Center. Games will be available to play while we eat and socialize.

A ULSC rummage sale fundraiser to spruce up our sanctuary is being planned for the first weekend in September. Clear out what you're ready to release and we would gratefully accept any donations of sellable items.

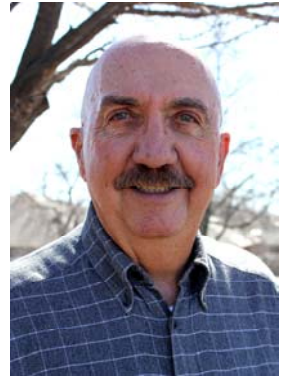
The Leadership Council and your Practitioners are here to serve you and serve as your sounding board if you need to visit about challenges or recommendations. Visit with, or call, any of us. We're listed in our monthly bulletin and newsletter.

One last thing... Thanks for all that you do behind the scenes: attending the team meetings and things that are never seen but are so important to our community.

I am honored to share and celebrate this life with each and every one of you.

In Love & Appreciation,

~Ray Reid
Leadership Council President



Ray Reid
Leadership Council
President

TONING CIRCLE

The singing bowl Toning and Meditation Circle continues to meet the **first Sunday** of each month at **6:30 pm** at United Life.

Creative Spirits

We meet each 2nd & 4th Saturday.



Come and go as you wish, from **9 am to 12 noon** at United Life.

Bring your own creative activity and socialize with like-minded people. Everyone is welcome!



The United Life Messenger



Dr SuZ Ogden
Music Director

From The Desk of Dr. SuZ

Be Still and Know that I am God. Psalms 46:10

Dear Friends,

What an experience this summer has been. Once again my job that I was doing in Wichita was cancelled. The human, egotistical part of me wants to scream, "Why hast thou forsaken me!", while the spiritual side of me keeps repeating in murmurs when I listen, "Be still and Know." This is a renewed place in faith I am stepping into and as I know this to be the truth there is a roller coaster ride going on within as I move through this phase.

Our wonderful administrator, Jan Brown, recently told me how they had just re-released the book, This Thing Called Life, as a new read entitled, The Art of Life. Same book, different title. I chose to buy a copy just to have as a new book on my shelves but as I got home with it I became compelled to read it. I am almost sure I had read it before, however, this feels like the first time. It talks about how it is to **know that we affirm all things that are brought forth in our life**. There is a part of me that knows that I truly did create this experience.

Ernest Holmes talks of how we are to deepen our faith and increase our vision. My faith has deepened as I had asked that the debt I had taken on since coming to Oklahoma be removed and that I be moved

back into a place of financial freedom. With the help of God and the strength of mind and body to do so, this has been accomplished in a fairly short amount of time. I did allow myself to get into a workaholic mode though. Only through taking the job in Wichita, which allowed me some self time, was I gently shown how compulsive I had become about working and how I had forgotten how to gently find balance and take care of myself. Would I trade any one of those days or that experience? No way.

Ernest Holmes goes on to say **it is impossible for one to be successful unless he/she mentally identifies their self with their desire**. I know that I fulfilled my last desire and my faith has been strengthened to know I can now fulfill my next desire. For today it is to know I AM now creating a mental pattern of what I wish to become.

As I know this is true for me, I know this for all and for our wonderful Center. I love and bless each and every one of you and thank you for being such an important part of my life.

Keep a song in your heart and sing it everyday.

In Love, Grace & Gratitude,
~Rev. Dr. SuZ

Help us congratulate new parents, Tia & Derek Ackley & welcome our newest addition, Abby!



Newest addition to our spiritual community, baby Abby Ackley



Proud & happy parents, Tia and Derek Ackley with newborn, Abby



There are no words... well, except, "perfect"

The United Life Messenger

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United Life
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Now available
via email.
Just let us know you'd like
to be added to the email
list!

Join our Google Group!

For more info:
email Nina W-VZ:
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Getting to Know Barbara Hartman

One of the newest practitioners in the United Life Spiritual Center community is Barbara Hartman. You may already know her as the 2nd Sunday practitioner for the ULSC services.

Barbara was born in Miles City, Montana. She was born in a nursing home because the town wasn't large enough to support a hospital. Her grandparents had homesteaded there in 1913 and both her parents were raised there. Barbara's very young years were split between life in the small town and life on her grandparents' farm. Barbara's Dad worked on the Alaskan Highway, and Barbara experienced riding to and from Alaska with her Dad.

Her parents divorced when Barbara was six. Barbara and her mother moved to California when Barbara was seven. She attended school in Culver City, California, and graduated from high school there. She met her first husband in nearby Garden Grove, and they had two children.

Barbara had a succession of divorces, marriages, children, and locations over many years. There were a total of five husbands and four children. She says that she treasures every husband and knows that they each imparted something special to her. She was married to husband number 4 for twenty years. As a golf pro and distributor of golfing clothes, they spent four months in Fiji, four months in Australia, Japan, Singapore, and Korea and traveled all over the United States. He was an ex Navy Seal and Barbara says there wasn't a negative bone in his body. He encouraged Barbara to go to college, and eventually Barbara graduated with a degree in Communications. He made his transition in 1999 due to cancer.

Barbara went to the Lutheran Church growing up. She said that she had a warm, positive minister that encouraged prayer. She started praying at a very young age because of that. Later, in California, a friend invited Barbara to a religious science church. Barbara immediately felt she had found a home. She started taking classes, and took a study on the book, Treat Yourself to Life, taught by its author, Raymond Charles Barker. Raymond Barker co-authored another book with Ernest Holmes, Richer Living. She later moved to a church in Huntington Beach and studied with Rev. Peggy Bassett. She took Science of Mind 2 at that church.

Barbara moved to Oklahoma City because one daughter, grandchildren, and great grandchildren live here. A granddaughter and her children live nearby in Arkansas. Barbara quickly found United Life Spiritual Center, and continued her studies to become a practitioner. She became a practitioner in July of 2014.

Barbara lives in a senior center in Harrah and loves living there. She enjoys watching Disney cartoons with her great granddaughter. She square dances, does water aerobics, and walks for exercise. She loves to read, and especially enjoys books that deepen her understanding of spiritual matters. **She will be co-teaching a foundations class in September** along with Dorothy Danen. She has been taking notes for a book for a few years now, and plans to get that book written.

United Life Spiritual Center is blessed by this new practitioner. Congratulations!



The United Life Messenger

WE ARE OPEN

SUNDAY

Discussion Group: 9:00 - 10:00 am
 Meditation Service: 10:00 - 10:20 am
 Celebration Service: 10:30 - 11:30 am

MONDAY

Toastmasters: 7:00 - 8:00 pm

TUESDAY

Substance Abuse Group (\$15): 6:30 - 7:00 pm

WEDNESDAY

White Bison Society: 6:00 - 8:00 pm
 OKC Reiki Energy Circle: 1st Wed, 2 pm
 3rd Wed, 7 pm

THURSDAY

Sierra Club: 3rd Thu, 7 pm

SATURDAY

Most Sats.—Community Garden 9:00 am
 Creative Spirits (come-n-go): 2nd & 4th, 9 am
 OKC Reiki Energy Circle: 2nd Sat, 11 am
 (OR 3rd & 5th)

**Advertise with us
Today!**



*Good advertising
attracts
New Business &
Customers*

Contact the ULSC office if
interested!

The United Life Messenger

Quarter Page
Ad

\$ 75

Business Card
Size Ad
\$ 25

Place Your Ad
HERE
\$ 25

PLACE YOUR BUSINESS
NAME & AD HERE

HALF PAGE AD

\$150

COMPARE OUR PRICES

I REMOVE ALL THOUGHTS OF OBSTRUCTIONS AND LIMITATION; NOW I AM FREE TO LIVE LIFE FULLY.

Pastoral Care

If you know of someone in
need of care or prayer,
please contact the church office

**UnitedLifeChurchOKC
@hotmail.com**

**Reach Out to Your
Practitioners!**

Practitioners are available
for Spiritual Mind
Treatment by
appointment and after
our Sunday services.

GENERAL INFORMATION

MAILING ADDRESS & ADMINISTRATIVE OFFICES

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The United Life Messenger

August 2014

United Life Spiritual Center

3332 N Meridian Ave, Oklahoma City, OK

www.unitedlife.org • UnitedLifeChurchOKC@hotmail.com

September 2014

S	M	T	W	T	F	S
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2014

S	M	T	W	T	F	S
1	2	3	4	5		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 11:30 BIRTHDAY CAKE! 11:45 Ed Team 6:30 Toning & Meditation		5 6:30 pm Substance Abuse Group	6 2:00 pm OKC Reiki 6:00 White Bison Society for Wellbriety	7	8	9 (2nd Saturday) Creative Spirits (come-n-go) 9am—12Noon
10 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 12:30 LC Meeting	11 7:00 pm Toastmasters	12 6:30 pm Substance Abuse Group	13 5:00 pm Monthly Practitioner Meeting 6:00 White Bison Society for Wellbriety	14	15	16 (3rd Saturday) 11am OKC Reiki Energy Circle
17 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 11:30 POTLUCK	18 7:00 pm Toastmasters	19 1:30 pm Stewardship Meeting 6:30 pm Substance Abuse Group	20 6:00 pm White Bison 7:00 OKC Reiki	21 7:00 pm Sierra Club	22	23 (4th Saturday) Creative Spirits (come-n-go) 9am—12Noon 7PM Possible ULSC group outing to Redhawks game*
24 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service	25 7:00 pm Toastmasters	26 6:30 pm Substance Abuse Group	27 6:00 pm White Bison Society for Wellbriety	28 6:30 pm OKC Reiki	29	30
31 9:00 Discussion Group 10:00 Meditation 10:30 Celebration Service 11:30 PANCAKES &Game Time	SEP 1 LABOR DAY!		Foundations class will be taught by practitioners Dorothy & Barbara sometime in September. Please stay tuned...	*Aug 23rd Redhawks game! Min of 10 people for group rate. Contact ULSC office if interested.	Rummage Sale 1st weekend in Sep. Grateful for donations of sellable items.	ULSC Community Garden "Garden Party" most Saturdays call Rick: 395.7191

The United Life Messenger

Enlightenment for Successful Living in the 21st Century

OUR VISION

We are a loving spiritual community,
joyfully expressing Spirit.

OUR PROSPERITY AFFIRMATION

We express the overflowing prosperous
nature of God,
both in our Spiritual Community,
and in our own personal lives.

MISSION STATEMENT

By practicing the Science of
Mind Principles, we honor the
presence of God in all,

Nurture and support spiritual
growth and transformation,

Empower people to create
happy, healthy, abundant lives.

United Life Church of Religious Science

A CENTER FOR SPIRITUAL LIVING

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ADDRESS CORRECTION REQUESTED

DATED MATERIAL

